

BAHAMAS

Rest & Renew Retreat Cruise



4-Night Bahamas Cruise aboard
VOYAGER OF THE SEAS



JANUARY 16 - 20, 2025



With Guest Speaker
DR. SAUNDRA DALTON-SMITH





Guest Speaker:

Dr. Sandra Dalton-Smith

Dr. Sandra Dalton-Smith is an award-winning author of several books including bestseller *Sacred Rest: Recover Your Life, Renew Your Energy, Restore Your Sanity*. She is a board-certified internal medicine physician, work-life integration researcher, international speaker, and host of the I Choose My Best Life Podcast. She transparently shares how her past pain has been redeemed through the practical application of God's word.



Itinerary:

Discover serenity at sea aboard the Rest & Renew Retreat Cruise, with Speaker Dr. Sandra Dalton-Smith. This is your invitation to unwind, connect, and recharge in the company of like-minded Christians. Join us as we explore various types of rest and experience physical, mental, and spiritual restoration while sailing to beautiful Caribbean locations.

January 16 - Orlando (Port Canaveral), Florida, USA

Cruises from Port Canaveral give you access to Central Florida beaches, which offer a mix of family-friendly shores and secluded swaths of sand. Orlando's theme park sprawl is only an hour away, so you can easily mingle with your favorite characters.

January 17 - Perfect Day at Cococay, Bahamas

Conquer the tallest waterslide in North America and snap a shot from up to 450 feet up in a helium balloon. Soak up the scene in the largest freshwater pool in the Bahamas. Or get a taste of Bora Bora with your own Overwater Cabana.

January 18 - At Sea

January 19 - Bimini, Bahamas

For such a tiny isle, Bimini packs a huge adventure punch. Alice Town buzzes with a low-key vibe, while sugary sands lead to scuba diving and snorkeling in bright-blue waters filled with shipwrecks. This is a small island paradise for sun-seekers and anglers. Here, you can check out Bimini Museum exhibits, hike the Bimini Nature Trail, or soak up fresh-from-the-sea Bahamian seafood.

January 20 - Orlando (Port Canaveral), Florida, USA

Arrive in Port Canaveral and disembark the ship with memories to last a lifetime!

Rest - Renew - Restore

ABOARD
VOYAGER OF THE SEAS



CRUISE PRICING*

4V - INTERIOR STATEROOM	\$539*
4N - OCEAN VIEW STATEROOM	\$619*
2D - BALCONY STATEROOM	\$749*

*Rates are per person, based on double occupancy

**Does not include airfare, excursions, transfers to/from the port, program fee*

\$99 Program Fee

Arrival Transfer MCO to Ship - \$35
Departure Transfer Ship to MCO - \$35



